

Issues for Clergy & Pastoral Counselors: Crisis Management
PC805: Syllabus
July 21-25, 2008
Bethel Seminary
Saint Paul

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SYLLABUS

This course is designed to assist clergy and pastoral counselors to discern and address the profound issues facing them in crisis management. Clergy, pastoral counselors and other ministry people who provide pastoral care will be trained to intervene and assist those in their sphere of influence to face crises. They will also be empowered toward self-awareness in the midst of crises---others' and their own. Therefore, the course will have these objectives:

- Understand issues associated with crisis and crisis management.
- Understand normal traumatic responses for those facing crisis.
- Demonstrate skills in handling spiritual issues arising from crisis and help people address their crises from a theological framework.
- Demonstrate the ability to implement practical short-term responses to assist those who have faced crises.
- Gain self-awareness in their personal and professional lives as they help others face their crises.

Required Textbooks:

Floyd, Scott. *Crisis Counseling: A Guide for Pastors and Professionals*. Kregel Publications, 2008. ISBN: 0825425883 (304 pages)

Means, J. Jeffrey and Mary Ann Nelson. *Trauma and Evil: Healing the Wounded Soul*. Augsburg Fortress, 2000. ISBN: 0800632702 (239 pages)

Roberts, Albert R. *Crisis Intervention Handbook*. Oxford University Press, 2005. ISBN: 0195179919 (872 pages)

Stone, Howard W. *Strategies for Brief Pastoral Counseling*. Fortress Press, 2001. ISBN: 0800632990 (221 pages)

Swetland, Kenneth. *Facing Messy Stuff in the Church: Case Studies*. Kregel Publications, 2005. ISBN: 0825436966 (224 pages)

Switzer, David K. *Pastoral Care Emergencies*. Fortress Press, 2000. ISBN: 0800632281 (191 pages)

Wright, Norman H. *The New Guide to Crisis and Trauma Counseling*. Ventura: Regal, 2003. ISBN: 0830732411 (370 pages)

Classroom Dynamics:

- Class will begin at 8:30 am and conclude at 4:30 pm each day with 4 breaks throughout the sessions. Lunch will be from 11:30 to 1:00 pm.
- We will begin each day with a time of reflection, worship and devotion and the students will have key parts in the devotional segment.
- Small group work will be an integral part of many of the sessions. Dialogue is expected. Community is celebrated. Lecture is tolerated. Flexibility is anticipated.
- There will be times set aside periodically for personal reflection.

Course Requirements:

- *Pre-Course Assignments (25% of final grade)*

Read all required textbooks prior to class.

Prepare a one-page reading report for each of the books and submit them the first day of class. A template of the reading report is attached.

- *Post-Course Project (75% of final grade)*

Utilizing the material presented and discussed in class each student will complete a project that demonstrates an understanding of the concepts presented in the course and integrates them in a practical ministry context. This will be done in conjunction with the student's advisor.

Class Schedule:

Monday, July 21, 2008

AM Sessions: Journeys: The professor's story and the stories of the students
Crisis and Care: naming the issues
PM Sessions: Crisis Counseling—A biblical backdrop

Tuesday, July 22, 2008

AM Sessions: Self-awareness: Doing justly and loving mercy
PM Sessions: Compassion fatigue

Wednesday, July 23, 2008

AM Sessions: A Crisis Ministry Model
PM Sessions: Intervention Strategies for Specific Crises, Mid-Course Application (paper about defining moments)

Thursday, July 24, 2008

AM Sessions: The Caregiver's Crises
PM Sessions: Caring for the Caregiver

Friday, July 25, 2008

AM Sessions: Designing a Crisis Ministry Plan
PM Sessions: Class wrap ups

Reading Report Template

Student's Name:

Title of Book:

Author:

- Chapter or major section of the book that had the greatest impact on you and why:

- One quote from this book that most profoundly impacted you and why:

- What you learned about yourself as a result of reading this book:

- One brief paragraph (no more than 5 sentences) that summarizes the message of this book in your own words:

Signature indicating that you read the entire book: _____