

**MF719: Substance Abuse Assessment and Intervention**  
**Course Syllabus –Spring 2008**  
**Bethel Seminary San Diego**

Class meetings	May 14 – June 11, 2008 Wednesday 7:15-10:00 pm
Location	Room to be assigned
Professor	Ben Lim, Ph.D.
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Teaching Assistant	Dan Kim (email: dckim110@msn.com)

Course Description

“**MF719 (MF149) Substance Abuse Assessment and Intervention.** Students will be exposed to research and theories of ideology, progression, assessment and treatment of alcoholism and other chemical substance abuse and dependency. Spiritual, psychosocial and biological perspectives will be integrated. This course meets California BBS requirements for a minimum of 15 hours of specific instruction in alcoholism and other chemical substance dependency. Prerequisite: MF504. *Two hours.*” Bethel Seminary 2007-2008 Catalog p. 127.

Course Outcomes

By the end of the course, the students will be able to:

1. Articulate a theology and psychophysiology of substance abuse and dependence from a pneuma-biopsychosocial perspective.
2. Identify the DSM-IV-TR criteria for substance abuse and dependence.
3. List some common drugs of choice and their pneuma-biopsychosocial effects.
4. Distinguish between adaptive and maladaptive adaptation and adjustment patterns of abused substances.
5. Explain the recursive impact of substance abuse and dependence on the individual, marriage and family systems.
6. Assess and treat persons with substance abuse and dependency problems.
7. Describe multicultural differences in beliefs, attitudes, and reactions to abused substances.
8. Refer clients to community and other systemic resources.

Required Readings

1. Doweiko, H. D. (2008). *Concepts of chemical dependency (7th ed.)*. Belmont, CA: Thompson.
2. May, G. G. (2007). *Addiction and grace: Love and spirituality in the healing of addictions*. San Francisco: HarperOne.

## Course Requirements

### 1. Attendance, Participation (100 points) & Extra Credits (Up to 50 points).

“Students are expected to attend classes regularly. Those who find themselves unable to do so should drop the course completely. Unexcused absences, not to exceed the number of course hours a week [3], are allowed without penalty” (2007-2008 Catalog p. 90). Students are urged to maintain 100% attendance. Ten points per hour will be deducted for unexcused absence or tardiness beyond the permissible three hours. Students who want to surf in cyberspace, play computer games, or answer mobile phones are welcome to do these activities outside the classroom. 30 points per occurrence will be deducted for these distracting activities in the classroom. Helpful information and announcements are found on the Bethel Blackboard Learning System (<http://blackboard.bethel.edu>).

a. *Participation.* Students are expected to interact with the readings and lectures by reflecting on their own beliefs, values, and emotional reactions, and be ready to participate in class discussion at the beginning of each class period. Students will be given time to share their research findings and their visits to the recovery meetings at the beginning of each class period during “**Matters that Matter.**” Students are expected to maintain confidentiality (consistent with the AAMFT and CAMFT codes of ethics) for classroom discussion and activities that involve personal disclosure or personal matters in general. (100 points)

b. *Extra Credits.* Students will attend at least one **Bethel sponsored** seminar outside the classroom related to some form of integration activities such as CAPS, MFT Integration Seminars, etc. Beyond the first seminar, 10 points extra credit will be awarded for each additional seminar up to a maximum of 50 points after a brief response to a question on the Discussion Board. Students are not permitted to claim extra credits from an event for two different classes. (Up to 50 points)

**Due date:** June 11, 2008

### 2. Drug Presentation. (400 points)

Students either individually or in pairs, are expected to research a drug that will be assigned in the first class meeting. Students who cannot make their presentations on the assigned date will be responsible to swap with other students and will inform the professor of the change.

A 3-4 page **informative** outline (to be posted on the Blackboard) will be submitted to the professor on the Sunday evening before the presentation and it will also be distributed to all students in class. The paper will be graded according to the following criteria.

- a. Brief description of the drug, including the etiology and physiological reaction. (100 points)
- b. Assessment and treatment strategies including referral resources in San Diego County. Students will contact<sup>1</sup> the appropriate agencies to inquire about the nature of treatment or help available. (100 points)
- c. An annotated bibliography of research articles and websites on the drug of choice. (100 points)
- d. A 15 minute PowerPoint presentation will be made in class. Credit will be given for creativity. Students will be responsible for making sure that their PowerPoint

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<sup>1</sup> The name of the contact person and phone number will be included in the paper.

presentations are working before the class. Ten points will be deducted for presentation exceeding the 15 minute time limit. (100 points)

**Due Date:** The informative outline and PowerPoint will be submitted on Sunday before the presentation. 10 points will be deducted for failure to do so.

3. *Visits to recovery groups. (300 points).*

Students will attend at least one open AA, NA or other substance abuse recovery group meeting approved by the instructor. Students will attend meetings in churches, restaurants and other safer settings. Regardless of prior experiences with groups, all students will be required to participate in this assignment during the weeks of this class. A 3 to 4 page reflection paper will include the following.

- a. Students will interview one of the leaders and summarize the meeting's contents and formats. Students will also describe the affective and interpersonal atmospheres at the meeting. (150 points)
- b. Students will record their affective and cognitive reactions to the meetings and lessons learned and how that will influence their future work with substance abusing and dependent clients. (150 points)

**Due Date:** June 11, 2008

4. *Quizzes. (200 points)*

A 5-minute quiz will be held at the end of each week's class. The quizzes will be based on the readings that have been assigned for the day, presentations, lectures, and discussions in class. Each quiz is worth 40 points. Unless there are valid extenuating circumstances, family emergencies, or medical reasons, students will not be permitted to do make-up quizzes. Students are expected to keep track of their quiz scores.

Quiz 1	Quiz 2	Quiz 3	Quiz 4	Quiz 5	Total

Grades

1. *Summary of Assignments and Grade Points*

Due Date	Assignments	Points	Students' Grades
June 11, 2008	Participation & Attendance	100	
June 13, 2008	Recovery Group Reflection paper (3-4 pages)	300	
Sunday before presentation	Drug Presentation: Outline <sup>2</sup> and PowerPoint	400	
Weekly	Quiz	200	
Whenever	Extra credits up to maximum of 5 events	50	
Maximum number of points for the course		1050	

<sup>2</sup> The outline is 3-4 pages and if working in pairs, the schedules of equitable preparation and presentation will be included as part of the appendix.

2. Deduction of Points Includes the Following.

Reasons	Points	Students' Grade
Not using the language of systems theory and theory of therapy	20	
Tardiness or absence from class beyond the permissible 3 hours (per hour)	10	
Failure to meet graduate level standards for APA (5 <sup>th</sup> ed.) style and grammar (each category)	10	
Surfing in cyberspace, playing computer games, or answering mobile phones in class (per occurrence)	30	
Room left in a mess after presentation	20	
Papers exceeding the number of pages	10	
Exceeding presentation time limit	10	
Late submission of assignments (per day)	20	

3. Final Grade

Students' grades will be available for viewing on the MF719 Blackboard. However, the authorized final grades will be issued by the Registrar of Bethel Seminary. The final grade for this course will be assigned as follows:

930 – 1000	A	730 – 769	C
900 – 929	A-	700 – 729	C-
870 – 899	B+	670 – 699	D+
830 – 869	B	630 – 669	D
800 – 829	B-	600 – 629	D-
770 – 799	C+	Below 599	F

Qualitatively, the letter grades represent the following levels of performance (Bethel Seminary 2007-2008 Catalog, p. 91)

- A. *Excellent work submitted*; evidence of outstanding ability to synthesize and use course knowledge, consistent evidence of creativity and originality, insightful contributions in class, consistent demonstration of integrative and critical thinking skills; regular class attendance and respectful interaction.
- B. *Good work submitted*; evidence of substantial ability to analyze and use course knowledge; evidence of creativity and originality; thoughtful contributions in class; demonstration of integrative and critical thinking skills; regular class attendance and respectful interaction.
- C. *Acceptable work submitted*; evidence of adequate to analyze and use course knowledge, appropriate contributions in class; attempts at integration and critique; regular class attendance and respectful interaction.
- D. *Poor work submitted*; little evidence of ability to analyze and use course knowledge, inconsistent evidence of mastery of course content, few contributions in class, no attempts at integration and critique; inconsistent class attendance and respectful interaction.
- E. *Inadequate work submitted*; insufficient evidence of ability to analyze and use course knowledge; inappropriate and/or disrespectful contributions in class, poor class attendance, or failure to complete course requirements.

Students will complete all the class requirements by the end of the quarter. However, when there are valid extenuating circumstances, family emergencies, or medical reasons, an Incomplete Contract will be filled out, signed by the professor, and submitted to the Associate Registrar's office prior to the end of the quarter. A pile-up of workload will not constitute a valid reason for "Incomplete." (Bethel Seminary 2007-2008 Catalog, p. 92)

### Academic Integrity

All written material submitted must be the original work of the student. Academic dishonesty constitutes a serious violation of scholarship standards at Bethel and can result in denial of credit and possible dismissal from the school. Any act that involves misrepresentation regarding the student's academic work is forbidden. Academic dishonesty includes cheating on assignments, plagiarism, fabrication of research, multiple submissions of work in different courses, misrepresentation of academic records, the facilitation of academic dishonesty, and depriving others of necessary academic resources. Students charged with academic dishonesty have the right to appeal any disciplinary action. Contact the Associate Dean for details on the appeal process. Please read the Student Handbook 2007-2008, p. 23.

### Disabilities

Any student, who because of a disability may require some special arrangements to meet course requirements, will contact Dr Kent Eaton, the Associate Dean, or the Access Coordinator for the Bethel Office of Disability Services by the end of week 2 to discuss reasonable accommodations. Please read the Student Handbook 2007-2008, p. 20.

### Reserving Computer Equipment

All computer/AV equipment that is needed in the class will be reserved in advance. Students will access the San Diego loaner site (<http://loaners.its.bethel.edu>), choose San Diego Seminary, and click on the necessary equipment. If reserving a laptop, please indicate the type of drive (CD or disk) needed. Once the reservation has been made, Lissa Hutcheson, BSSD IT Analyst/AV Coordinator will set the equipment up in the classroom designated in the comment box on the reservation form.

## Tentative Class Schedule

Class	Date	Readings are required to be completed by the date assigned
01	May 14	Introductions & course syllabus Theological perspective of addiction and the fallenness of humankind DSM IV TR criteria for substance abuse and dependence. <b>Quiz:</b> May Chapters 1-2; Doweiko Chapters 1-5
02	May 21	Assessment for substance abuse and dependence <b>Quiz:</b> May Chapters 3; Doweiko Chapters 6-8 and 20-21
03	May 28	Treatment for substance abuse and dependence I <b>Quiz:</b> May Chapters 4; Doweiko Chapters 22-26
04	June 4	Treatment for substance abuse and dependence II <b>Quiz:</b> May Chapters 5; Doweiko Chapters 27-31
05	June 11	Referral and community resources Cultural consideration in substance abuse and dependence <b>Quiz:</b> May Chapters 6-8; Doweiko Chapters 32-36
	June 13	<b>Recovery Group Reflection Paper Due</b>